Curt Gowdy State Park has excellent fishing, hiking, wildlife watching and wildflowers.

Curt Gowdy State Park has developed a reputation as a prime area for bird watchers. Beginning in late April and early May, migrating birds spend several days in the park and bird watchers are afforded the opportunity to see many non-native birds.

The seven sections of richly varied landscape that comprise the park include flora and fauna on the foothills of the Laramie Mountains halfway between Cheyenne and Laramie. In fairly close proximity to the Colorado border, 12 miles south, and the Nebraska border, 61 miles east, the beautiful attractions within Curt Gowdy State Park are also near the crossroads of two major interstates, I-80 and I-25. Several historic sites lie nearby, including Ames Monument.

In addition to three reservoirs, the park includes Hynds Lodge, which is listed on the National Register, and an amphitheater.

A complete list of rules and regulations is available at the Park office.